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Pittsburgh Lutheran Center for the Blind

March 30, 2019, was a joyous occasion at the Pittsburgh Lutheran Center for the Blind as approximately 55 folks gathered to reminisce, enjoy a meal and celebrate a milestone.

Former director Robert Mates was invited back to share in the memories. The Reverend Dave Andrus (formerly of Lutheran Blind Mission) was also invited. When the idea was conceived back in 1998, Pastor Spittel, along with Mr. Mates and Pastor Andrus, were instrumental in brainstorming ... and getting the Pittsburgh Center off to a great start.

Though other programs have been tried over the years, not much in the meal day programming has changed. We still have a Topical Bible Study (which is usually conducted by one of the area pastors,) food—and fellowship around a meal, and we end the day with Vespers. That evening we enjoyed food from Boston Market--a throwback to the very first meal. Volunteer support was plentiful, and we were treated to wonderful entertainment. We are thankful to our Lord and to First Trinity, for the many blessings which have been bestowed upon us and those we serve over these many years.









Minersville Cemetery

by Rev. Brian Westgate

The Minersville Cemetery will be holding a Work Day on Saturday, May 4, from 9:00 a.m. until 3:00 p.m. We will be doing general Spring clean-up of the cemetery along with some simple maintenance projects and the placing of row markers.

We will provide tools and gloves. We will also be providing lunch for all volunteers. Please let us know if you will be able to help us. We will ask for a count of volunteers a week before the event so that we can be sure to have enough equipment and order enough food.

The cemetery is located at: Minersville Cemetery - LCMS, 3031 Vancroft St., Pittsburgh, PA 15219.

The Annual Memorial Day service at Minersville Cemetery conducted by Pastor Westgate will be held at 11:00 a.m. on Monday, May 27.

St. John's Lutheran

Clarksburg

The solemn rite of "Receiving a Congregation into Membership of Synod" for St. John's Evangelical Lutheran Church of Clarksburg, WV is tentatively scheduled for Sunday, October 6, at the special time of 4:00pm.



St. John's Lutheran (continued)

Clarksburg

Later this summer your congregation will receive a letter from Pastor Westgate about this special event. We hope all our congregations will be represented there! If you will be staying for dinner, please RSVP to Pastor Oester at stjohncove@gmail.com by Sunday, September 22. Pastor Westgate also encourages all congregations in the Pittsburgh area to take a special offering for this mission on Sunday, October 6. Our offerings will assist them as they prepare to call a pastor next year to serve them and reach out to a large part of West Virginia.

Spring Planting Season is Here for the Church

New LCMS Congregation

Interest has been expressed in establishing LCMS congregations in the Cranberry/Mars corridor along Route 228 north of Pittsburgh and in the Irwin/Greensburg corridor along Route 30 to the southeast. If you or any one you know, either lay or clergy from either of these areas, would be interested in forming a Confessional Lutheran Bible study group that might lead to a church planting, please contact me at the following number or email address.

David W. McElroy
PALM Mission Chair
412-952-2461
david.mcelroy@comcast.net

DEVOTION

by Rev. Brian Westgate

"I AM the Good Shepherd. The Good Shepherd giveth His life for the sheep." – St. John 10:11

How was your Easter? We celebrated our Lord's Resurrection in church, hearing His Word and receiving His Sacrament. Did you later have a big meal with your family at home or at a relative's house? The kids even celebrated by getting a day off from school.

Our Easter celebration is not over. We celebrate our Lord's Resurrection every day of our lives by living the Christian life of begging God's forgiveness for the sake of Jesus, begging Him also to help us live in a way that pleases Him.

We especially celebrate during these 50 days between Easter and Pentecost. One of our beloved themes during these days is Jesus as the Good Shepherd. Our Savior is leading us to paradise. He calls out to us by name. He called you by name to follow Him when you were baptized. He still calls to you whenever you hear His Word.

His Word and His Sacrament feeds us. He gives us the nutrition we need to stay alive in Him all the way to eternal life. Earthly food helps our bodies live. His gifts to us enable our souls to live forever. He died for us to save us. Now He wants to do everything to bring us to salvation. So, as the Psalm says, "For Thy Name's sake, O Lord, lead me and guide me."

Mark your Calendar

May

- 4. The Best Evidence Against Evolution, Zion Lutheran, Bridgeville, 2:00 p.m. to 3:00 p.m.
- 4. Work Day, Minersville Cemetery, 9 a.m. to 3:00 p.m.
- 6. Education session followed by tours, of Haven I, Cabot, 1:00 p.m. to 3:00 p.m.
- 7. Open House, Haven I, Cabot, 11:00 a.m. to 3:00 p.m.
- 7. Strawberry Festival, Redeemer Lutheran Church, Oakmont, 6:00 p.m. to 8:00 p.m.
- 10. RLS Mother's Day Event, Redeemer Lutheran School, Penn Hills, time TBA
- 11. Concordia Lutheran Ministries Fishing Derby, Saxony Farm Estate in Saxonburg, 8:00 a.m. to 2:00 p.m.
- 19. 39th Anniversary Celebration, Faith Lutheran, Butler, time TBA
- 30. Feast of the Ascension, Redeemer, Oakmont, Divine Service 7:00 p.m.
- 30. Annual Bowling Night, Concordia Lutheran, at Princess Lanes, Whitehall 7:00 p.m.
- 31. Baccalaureate Service, Redeemer Lutheran Church, Oakmont 7:00 p.m.

June

- 1. RLHS Graduation, Penn Hills campus, 10:00 a.m.
- 7. Redeemer Lutheran Church Oakmont, Strawberry Festival, 6 p.m.
- 8-9. Creation: A Weekend with Rev. Dr. John Reinke, Pittsburgh Deaf Ministry, First Trinity
- 13-14. Concordia of the South Hills Annual Indoor Flea Market, Mt. Lebanon, 8:30 a.m. to 3:00 p.m.
- 17 -21. Redeemer Lutheran Church VBS
- 20. South Butler Community Library Summer Kick-Off, Saxonburg
- 24 to August 9. Summer Camp sessions, Redeemer Lutheran School Penn Hills campus
- 24-28. VBS, Mt. Calvary, West View 6:00-8:00 p.m.

Mark your Calendar (continued)

July

- 8-12. Preschool Adventure Camp, St Luke School, Cabot, time TBA
- 9-11. Basketball Clinic, St Luke School, Cabot, time TBA
- 15. Astronaut for the Day, St Luke School, Cabot, time TBA
- 15-18. THE INCREDIBLE RACE VACATION BIBLE SCHOOL (by Answers in Genesis), Ascension Lutheran Church, McCandless, 5:45p.m. to 8:15 p.m.
- 16-18. Soccer Clinic, St Luke School, Cabot, time TBA22-26. Vacation Bible School, St Luke School, Cabot, time TBA
- 29 to August 2. Summer Bridge Camp, St Luke School, Cabot, time TBA

Mileposters News

The third (pictured) and fourth four-way chess games of the year took place March 16th and 30th. Each event had exactly four participants, and the games lasted over an hour and a half. The readings were Psalm 82 for March 16th and Psalm 4 for March 30th. The group leader won the fourth game, the first time he had won a four-way game. That day there was also a conventional game for consolation, which the loser also lost. Players consumed popcorn, honey buns, cherry tarts, and cheese/peanut butter crackers. A full games event took place on March 31st, with ten participants. Featured were Trouble, Carrom, Crazy 8s, War, Bananagrams, Pit, and dominoes. Plain and pepperoni pizza took the edge off everyone's hunger. One participant, a boy of 14, expressed an interest in becoming a pastor when he grows up. He began attending Mileposters events when he was 9.





Kick bike rides began March 27th, continuing on March 28th, plus April 3rd and 4th, on the Riverfront Trail, putting down the first few miles for the Puerto Rico campaign. On April 7th the triplet was out (pictured at Cumberland Milepost 135, near Kennywood) for the first time of the year; with another kick bike ride, the total is now 21. All rides through July 31st will be to raise support for LCMS relief efforts on that still-ravaged island.

CAMPUS MINISTRY

What Produces a Good Campus Ministry?

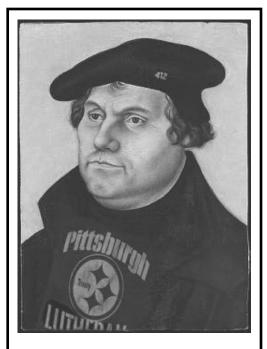
by Augusta R. Mennell, Campus Ministry Director

I have recently been asked what produces a good campus ministry. From my experience two ingredients are essential. They are church members who are very friendly to college students, and Bible studies which teach the Gospel.

Samuel is a Grove City College student from Jamaica. He needed and wanted a ride to All Saints so he could attend the student Korean meal. So, campus ministry asked Rosemary and Peter Rigney, who live in Grove City and recently joined All Saints congregation, if they could help. They called Samuel and told him that since they were going to the meal, they would gladly pick him up and bring him to All Saints. Actually, they would have brought him even if they had not been coming.

Rosemary beamed when I thanked them for bringing Samuel. She said that they had talked easily on the 7-mile drive to Slippery Rock. Samuel told them that he really likes to eat hot, spicy foods, and that he enjoys cooking as well. He volunteered to cook a Jamaican meal for them. They made plans to invite him to their home where they will cook a meal together. Rosemary is a great cook. She wants to learn Jamaican dishes from Samuel. As Rosemary remarked, "We bonded." A friendship was born. A college student became part of ministry to college students at All Saints because such a personal interest was shown to him.

Elise is an American student who attends Grove City College. She comes to worship every Sunday at All Saints. It was the preaching of Reverend Larry K. Loree Jr., All Saints campus pastor, that convinced her that she wanted to be an LCMS Lutheran. She committed to attending adult membership classes, but she needed transportation to the classes. Once again, the Rigneys came to the rescue. They were happy to bring Elise to classes, especially since they also were studying to become members. During the rides back and forth they became friends.



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CAMPUS MINISTRY

What Produces a Good Campus Ministry? (continued)

by Augusta R. Mennell, Campus Ministry Director

This friendship continues. Rosemary's passion is sewing and embroidery. She is in the process of creating beautiful coverings for All Saints' altar. Elise also likes to sew and embroider, so Rosemary invited her to her home to give her a place to embroider. Elise is another college student who has grown close to a member of the congregation as well as bringing her closer to campus ministry.

Sam is a Grove City College student from Central Ohio. He comes every week to All Saints for Sunday morning adult Sunday School and for the Wednesday evening Lenten services. He makes the time from his heavy academic load to travel from Grove City to Slippery Rock. He does not have a car so he needs transportation. In answer to his need for rides, Tara Severson, an incredibly busy mother, picks him up and takes him home. Tara and her children make Sam feel very welcome. He knows that they are pleased to be with him. They link Sam to campus ministry.

Anna from Pittsburgh attends Westminster College in New Wilmington. Dr. Linda Domanski, a professor, happily picks up Anna for Sunday School and worship. They clearly enjoy their time together. Anna is part of campus ministry due to the rides. All Saints congregation shows that students do matter. This opens doors to campus ministry.

A second ingredient in forming campus ministry is Bible study. When my husband, Jim, suggested that All Saints begin a Bible study for SRU international students in 1984, we began with a weekly Bible study led by Reverend Robert Weinhold, with recruiting help by Angolan student and member of All Saints, Aaron Cornelio.

We studied a book of the Bible verse by verse. We went slowly because English was not the first language for the Korean, Chinese, and Taiwanese students who came. Today we use the same format for the international and American students who come to read and study Genesis and I Peter. We have found that sharing the Gospel by studying the Bible is essential. Keeping the classes small is good, too, because students feel more comfortable asking questions in a small group. A recent question came from an international student who wants to know why Christians who have been in jail so often come out as fervent Muslims. She is puzzled by this. An American student who is studying Genesis was upset with God for not allowing Esau to have the birthright. The student changed his mind when we carefully read the whole story.

Since college students are so vulnerable by being inundated with untruths on campus, it is crucial that we share the Truth. This is an opportunity for us to be personally involved with students. We can find ways to share faith. We call this campus ministry. This is our joy at All





CAMPUS MINISTRY

Revive Campus Ministry Service Trip to NC

by Matt Slaybaugh, Revive Campus Ministry

Our group of six college students from Penn State had a great week in Whiteville, North Carolina serving those affected by Hurricane Florence that hit the area last fall. We served at four homes affected by this tragedy. Our work consisted of: removing damaged insulation, we cleaned mold from underneath one home, put up drywall and paneling, removed damaged flooring and cleaned their yard.



Our entire group also served with a local non-profit called Community CPR with stands for Connecting People and Resources. Through this organization, we helped sort clothes, organized their warehouse, delivered furniture and groceries, and wrote letters of encouragement. One homeowner, Terri, who had every reason to not have a good attitude gave us a memorable quote, "Things don't matter, people do."



In the evenings, we worshipped, prayed, and studied God's Word as a group. We had fun exploring downtown Raleigh, seeing the beach in Wilmington, and exploring Washington D.C. The Bible Museum in Washington D.C. was quite an experience. If you would like to see pictures from our trip you can visit our Facebook Page, "Revive at Penn State." It was a great trip and we are already talking about where we could go to serve next year.





ASCENSION LUTHERAN

McCandless

INCREDIBLE RACE VACATION THE **BIBLE** SCHOOL (by Answers in Genesis) will be held July 15th to 18th, 2019 from 5:45p.m. to 8:15 p.m. at Ascension Lutheran Church! Please plan on joining us as we race from continent to continent creating crafts, playing games, making music, and learning what the Bible says about the Incredible Race—the human race! As the children (entering PreK through 6th Grade) examine the events surrounding the tower of Babel, they will learn that God is calling people from every tribe and nation through his Son, Jesus Christ, the Savior of the world. And that He wants us to share this good news in kindness and love with our neighbors nearby and far away. To register or for more information, please call Ascension's church office at 412-364-4463.

BETHEL LUTHERAN

Glenshaw

Every year Bethel participates in the Angel Tree Project. We are given names of families who has at least one parent in prison and place their name and age on an angel and place them on a Christmas tree. Parishioners pick an "angel" and purchase them a gift for Christmas. This year

we filled Easter baskets full of candy, books, etc. for the same children, thanks for the generosity of many members. We shared the



good news of Jesus birth and now the greatest news of His resurrection. There were nine families with a total of 14 boys and girls, ages from 2 - 15 who received an Easter gift. This is a difficult time for these families and we just wanted them to know that they are loved.

CALVARY LUTHERAN

Murrysville

Calvary - Murrysville will be volunteering at the local Westmoreland County Food Bank Distribution, the Sonshine Kitchen, and The National Day of Prayer activities in May.

Our Prayer Shawl Ministry continues to touch many lives as does our greeting card ministry. Each 4th Sunday of the month we have our fellowship hour that brings people together. We are excited to be in this place for such a time connecting people to the love of Jesus.

CHRIST LUTHERAN

Forest Hills

On March 17 Doug Skalka was honored with a reception held after the Worship service for twenty years of service as organist at Christ Lutheran Church.



Our annual Easter Event was held on April 13 which consisted of an egg hunt. Pictured is the filling of eggs for the hunt.

NEWS FROM AREA CONGREGATIONS

CHRIST LUTHERAN (continued)

Forest Hills

Our 2nd annual community yard sale is scheduled for May 18 from 8:00 a.m. to 2:00 p.m. We were able to donate over \$400 to the victims of the Route 30 landslide last year. For more information and to reserve a table call 412-271-7173.

CONCORDIA LUTHERAN

Brentwood

Concordia members enjoyed a Palm Sunday Brunch fellowship again this year. Thanks to the many members who brought a dish to share and to Sandy Murphy for organizing this event.

Concordia is organizing a "Walther League (-like) Bowling Night" on Friday, May 31. This is AFTER Memorial Day, and BEFORE (most) high school graduation ceremonies. So, we're planning for a good turnout at this event!

Concordia's youth (and OLDER "youth") have long enjoyed this late May tradition, but we'd like to make it a wider Lutheran Youth night, so ALL are invited. The cost is \$4.50 per game, with \$3.00 shoe rental. Princess Lanes in Whitehall has a full restaurant inside with many menu items - including pizza - available. Video games and air hockey are also on premises, so come on out and have a GREAT night of Lutheran fellowship (and discover there really ARE more Lutheran youth than you think!).

Call Concordia for more details at 412-881-3005. We'll be glad to send you a flier for your church bulletin and newsletter as well.

CONCORDIA LUTHERAN (continued)

Brentwood

Youth Bowling Nite

@ Princess Lanes! (older "Youths" are welcome. too!)



(Caste Village Shops - 540 Weyman Rd., 15236)

Friday, May 31 – 7:00pm – 10:00pm

\$4.50/game per person - \$3.00 shoe rental

Bring money for food & video games as desired!

Call Concordia Lutheran Church (412-881-3005) for more info/details as needed!

For those who want to carpool – we'll gather in the Concordia parking lot (3109 Brownsville Rd., 15227) between before 6:45pm, & depart for Princess Lanes thereafter.

NEWS FROM AREA CONGREGATIONS

MT. CALVARY LUTHERAN

West View

While most establishments engage in a little spring cleaning at this time of year, Mt. Calvary in West View is undergoing a whole makeover. Since last summer, the church has been collecting donations to upgrade and repair the church social hall. The Tuesday night Outreach group started by cleaning out cupboards and either donating or throwing away items no longer in use. Once that was finished, a team got together for a work day and began painting and patching the walls and those cupboards.

Another day is planned to continue the work, and the goal is to have a large area finished in time for Vacation Bible School. When the work is finished, new tables and classroom dividers will be purchased, along with updated kitchen appliances.





MT. CALVARY LUTHERAN (continued)

West View

Speaking of VBS, it is scheduled for June 24 - 28, but for the first time, Mt. Calvary is going to hold it in the evening. The time will be 6 - 8 p.m., with a light dinner served beforehand. For more information, call Georgeanne at 412-996-2921.

PENTECOST LUTHERAN

Avella

Last September, we reported that the sanctuary furniture of Pentecost Avella is now in use at St. John's, Frisco, TX. On Palm Sunday this year St. John's celebrated their first confirmation before the Altar. Since Pastor Blankenbuehler long served Pentecost, it is most fitting that among the class of seven were his great-grandchildren, Emma and William Folkmann. They are the children of Tony and Susan Folkmann, grandchildren of Fred and Susan Bodnar from Redeemer Oakmont, and also great-great-great grandchildren of Rev. Dr. Franz Pieper, fourth president of the Missouri Synod and professor and president of Concordia Seminary St. Louis.

Emma and William are pictured with St. John's pastor, Rev. Thomas Clinton Stark. St. John's Church is a mission plant of Faith Lutheran Church, Plano, north of Dallas, TX.



NEWS FROM AREA CONGREGATIONS

REDEEMER LUTHERAN

Oakmont

Thursday, May 30, is the Feast of the Ascension of Our Lord. This year Redeemer's Ascension Day Divine Service will begin at 7:00 p.m. instead of the usual 7:30 p.m. If your congregation doesn't have an Ascension Day service, we invite you to join us!

Strawberry Festival

Friday, June 7, 2019 6:00 to 8:00 p.m.

Redeemer Lutheran Church
1261 Pennsylvania Avenue Oakmont, PA 15139
There will be hot dogs, bratwurst, hot sausage, beans
and STRAWBERRIES, shortcake and ice cream!

There will be games for the children.

All are welcome!

ST LUKE LUTHERAN / ST LUKE BUTLER Cabot

On May 19th, 2019, Faith Lutheran of Butler, will celebrate 39 years of God's grace and guidance in a service of celebration and faith. Dr. Jamison Hardy, Bishop of the English District will preach at the service. Bishop Hardy has been instrumental in joining Faith and St. Luke together over the last year.

After the service of May 19th, the two churches will become one under the vision, "By the power of Christ, we carry the power of hope to the poor, the broken and the outcast."

What has been known in the past as Faith Lutheran Butler, will from this point forward be known as St. Luke Butler: a fellowship of faith.

The two sites will worship as one at the campus of St. Luke Cabot for the summer. There will then be a reopening of the Butler campus at the end of summer on September 8th.

ST LUKE LUTHERAN/ST LUKE BUTLER (continued)

Cabot





REDEEMER LUTHERAN SCHOOL

Oakmont

Spring is here! Songbirds, warm breezes, and new blessings and memories to share from RLS...

Redeemer's annual Preschool Sunday event was held on Sunday, March 17. Our preschool students participated in worship with a special song and stayed for a fun picnic lunch after the service. Children also had the opportunity to meet their grownup "Lamb" pen pals from the congregation and have their pictures taken. Thank you to the preschool staff, school board, and Redeemer church family for making this annual event possible!

On Friday, March 22, RLHS National Honor Society members visited Ronald McDonald House once again to serve dinner. Led by senior Grace Wilshire, NHS students prepared a baked potato bar for the RMH families. Grace also organized a school cereal donation drive, with all donated boxes given to RMH. Thank you to all who donated!

On Wednesday, March 20, families supported the Redeemer athletic program by visiting Panera in Oakmont for dinner. Good food, a chance to see friends from Redeemer, and an opportunity to support our athletics: what better way to spend your meal time? Thank you to all that participated, especially to Redeemer church members that supported the event as their Lenten dinner!

On Saturday, March 23, Redeemer held its first annual Flea Market! School families and community members rented tables to display and sell their wide variety of items: household articles, clothing, toys, baked goods, and more! The table rental fees will support the middle school trip to Williamsburg in May. Thank you to all who participated in this fun Saturday event! We look forward to making it a tradition.

On Saturday, March 30, Redeemer hosted our annual musical character breakfast. Parents and children enjoyed a morning of yummy breakfast, crafts, activities, and photos with the characters from our musical, Mary Poppins! Attendees were also treated to a preview of the performance. After the breakfast, several of the cast members visited Concordia's Highpointe at Rebecca Residence to give a special performance for some of the residents.

Thank you to the hardworking cast and volunteer parent committee for such wonderful activities in the community!

The following weekend, it was "showtime!" All the weeks of rehearsing, set painting, costume hemming, and prop-making came to fruition as Redeemer presented Mary Poppins to three packed audiences on April 5 & 6. It was a wonderful show, and a weekend of exemplary effort and teamwork from all involved! Thank you to all who attended, to all who gave of their time and talents to contribute to the event, and to our Lord Jesus for the success of the weekend's performances.

On Wednesday, April 10, Redeemer held its first kindergarten signing day! Enrolled kindergarteners received a special certificate, enrollment gifts, and their own "Redeemer Class of 2032" t-shirt! We are excited to have this preschool "Little Lambs" join us at the big school in the fall as "Little Rams."

As of this writing, we are in the last seven weeks of this school year. The older students are busily preparing for important projects and year-end assessment exams, the younger grades are continuing to work on important skills, administration is looking ahead to prepare for next year, and everyone is experiencing a bit of spring fever. Please keep Redeemer in your prayers as we seek to complete the year well for God's glory.

Looking ahead:

- May 31: RLHS Baccalaureate Service at church, 7 p.m.
- June 1: Redeemer Lutheran High School Graduation, Penn Hills campus, 10 a.m.
- June 7: Strawberry Festival at church, 6 p.m.
- June 17-21: Redeemer Lutheran Church VBS
- June 24-August 9: Summer Camp sessions, RLS Penn Hills campus

ST LUKE LUTHERAN SCHOOL

Cabot

St. Luke School News

St. Luke Lutheran School will be a beehive of activity this summer. We will be partnering with the South Butler Community Library in Saxonburg for a Summer Kick-Off.

June 20th - South Butler Community Library Summer Kick-Off

July 8th to 12th - Preschool Adventure Camp



The camp will be at St. Luke Lutheran School for preschool children who have turned 4 or 5 years old before September 1, 2019.

July 9th - 11th - Basketball Clinic

The camp will be at St. Luke Lutheran School for grades 4 to 8. The players will be coached by former Olympian, Melinda Rhoads.





July 15th - Astronaut for the Day

This free camp is sponsored by South Butler Community Library and will be held at St. Luke Lutheran School. All children Kindergarten – 5th grade are welcome.

July 16th to 18th - Soccer Clinic

This camp for 4th - 8th grade will be at St. Luke Lutheran School and coached by Mitchell Andrews.





July 22rd to 26th-Vacation Bible School

Ages 4 to 6th grade are welcomed to St. Luke Lutheran Church to hear and experience the saving message of Jesus Christ each day with fun-filled music, games, crafts, and other activities at no cost.

July 29th to August 2nd – Summer Bridge Camp

Children, Kindergarten to 2nd grade are invited to participate in this free camp to be held at the South Butler Community Library in Saxonburg. Please come and explore the universe and reinforce those basic skills lost over the summer.



Registration begins on May 1st.

SCHOOL NEWS

ZION LUTHERAN PRESCHOOL

Bridgeville

Spirit Week - Ice cream anyone? Our annual Preschool Spirit Week was, once again, a huge success. The week started out with Spirit Night at Chick-Fil-A, and then visits from the National Aviary, the Pittsburgh Cultural Trust and our favorite "Queen of Hearts". We also welcomed all of our "Dads, Dudes and Donuts" for a fun breakfast, and concluded with our Ice Cream Social and Art Show Fundraiser. What a blast!

Here's a quick look at some of our exciting week. The "Queen of Hearts" acts out a story with the children. Oh my.... what big muscles the knight has.



The National Aviary read a book about Penguins to the students prior to introducing "Disco".

"Disco" seems mighty interested in our fish tank. Hmmmm... we think he's looking for lunch!



A behind the scenes look at the assembly line of our awesome sundaes. A huge thank you to Pastor and Anna for helping us make our event such a success.



Meet the staff of the Preschool. We all had such a fun night. Zion is truly blessed to have such a dedicated group of women.



Birthdays at CSH

Warner Bros. Pictures was founded on April 4, 1923, but the day holds special significance for some Concordia of the South Hills stars who all share the birthday.

Far from movie studios in California, in the quiet town of Ridgeway in Elk County Pennsylvania, Betty Diskin was born. George Freas Jr. arrived in the Oakland neighborhood of Pittsburgh. Just a few miles away in Squirrel Hill, Geraldine Yatzkan made her debut on earth.

What are the odds that three of 147 residents who chose to live at Concordia of the South Hills would not only share their retirement home, but their birthdate as well? Betty Diskin, George Freas and Geraldine Yatzkan will celebrate their 96th birthdays on April 4.

"I have outlived everyone," Betty recounted sadly. She has experienced the passing of six half-siblings and their spouses as well as her husband Art and their sons, William and Robert.

But the Ph.D. (Doctor of Philosophy) has a caregiver she considers the daughter she never had, and credits Jackie Sciullo for giving her a reason to live.

"She saved me biologically and emotionally when I was very ill five years ago, and she still keeps me going," Betty said. "I was so lucky when I found her."

She articulates a lifetime of memories, telling the story of how she met her husband running through the Carlton House Hotel Lobby while working as a public relations professional for an ad agency.

Betty Diskin and her caregiver Jackie Sciullo



"He called me the next morning, this young attorney, and said, 'If you can slow down, I'd like to take you to lunch,'" she said. From that day throughout the next 37 years she saw him almost every day of her busy life: "We realized years later we might have met when I found a clipping in my scrapbook where I was pictured for winning a high school debate. Art wrote the article while he was working for the local paper in Meadville." Having earned a B.S. at Penn State and an M.S. from NYU in Communications, Betty taught English and Speech to handicapped children in New Jersey, was an actress at the Pittsburgh Playhouse, a patron of the Pittsburgh Symphony and the winner of the coveted Golden Quill Award in 1969 for her television show, 'Twix 12 and 20.

Betty says she doesn't give any advice but admitted that when she walked into her current home nine years ago, she found warmth and caring. "It was not difficult to make a decision to move here," she said. She encourages seniors not to wait until they can't make their own decisions and to find something beautiful in life every day.

George Freas

George Freas Jr. moved to Concordia four years ago with his wife Eleanora after looking at three retirement homes. "It was the best fit for both of us," he said. As members of the Bower Hill Church, they knew several residents and



remained in the neighborhood where they had lived for decades.

Birthdays at CSH (continued)

His pre-med studies at Westminster College were interrupted following the Japanese attack on Pearl Harbor. He and his roommate enlisted in the U.S. Navy and were called to active duty in the Philippines. The writer of history stories and his own autobiography, "Random Reflections and Ruminations and A Few Stray Thoughts," counts his most memorable experience as the day he met General MacArthur face to face when his boat was chosen to escort the General to the beaches of Borneo.

When WWII ended, he graduated from Pitt, married his college sweetheart "Jo" Smith and joined Bell of Pennsylvania as a District Manager. The couple had five children, including a set of twin boys, and later eight grandchildren and six great-grandchildren. In 1994, after 46 years of marriage, Jo passed away. "Two years later, I married Ellie May, a widow who lived six doors down the street. She was a retired school teacher whom we had known for 35 years," George explained. They were married for 21 years until her death two years ago.

"It's been a good life," he said. "I never thought I would live this long since both my mother and father died at age 79. I crossed my fingers when I reached 79, said a prayer and here I am." Like Betty, he is the only one still living from the eight officers on his ship. He shares lots of advice, however: "Take one day at a time. Surround yourself with good friends. Every day when (and if) you wake up, thank God and enjoy the people around you."

Geraldine Yatzkan was among the first to move to the new retirement home at 1300 Bower Hill Road in 2002. She had retired after 20 years as a social worker at UPMC Presbyterian Hospital. "My daughter noticed an advertisement inviting us to take a look," she remembers. "It was a very good move. While I have no idea why I am living this long, my biggest thought is living here takes away everyday stress. That makes a huge difference in longevity."

Born and raised in Squirrel Hill, she met her husband when they were undergraduates at the University of Pittsburgh. Dr. David Yatzkan went to medical school in Chicago and returned to Pittsburgh to open his practice in ophthalmology in Homestead. He urged Gerry to have a profession, and she pursued her master's in social work at Pitt. After he passed away at age 47, she began her career. The couple had two sons and a daughter. She also has four grandchildren and one great-granddaughter.

She and David traveled to Italy and England on their 20th anniversary with their children. Since she has lived at Concordia, she spent a week at Canyon Ranch and loved to visit her family in California, Philadelphia, Chicago and Florida. She served on various committees throughout the years and still belongs to the dinner group. (Her favorite restaurants are Bistro 19 and Luma).

Since she doesn't travel any more, her family comes to her now.



Geraldine Yatzkan

"At my age, their visits are something I look forward to," she said.

The celebration of her birthday this year is one of those events she anticipates. Her daughter and a cousin will arrive on Thursday to pack her clothes. On Friday they are off to her favorite hairdresser and then to a spa at a downtown hotel overnight.

Birthdays at CSH (continued)

Gerry still loves to go to all the activities offered at Concordia, dines every evening with her friends and has never been more certain that this is a good place to live. "I hear theses commercials on TV about staying at home. This is a much better answer as we age," she countered. "Everyone honors everyone else. We welcome each other."

For more information on retirement living at Concordia of the South Hills where residents will be celebrating a tri-birthday or our other retirement living communities at Sumner in Ohio, Highpointe at Rebecca in Allison Park, Concordia Havens in Cabot and Tampa Village, click on www.ConcordiaLM.org/services/retirement living.

Ways to Age in Place: Adaptive Equipment

Cabot, Pa. (Feb. 18, 2019) - According to statistics compiled by the Centers for Disease Control and Prevention, 3 million seniors are treated in emergency rooms due to fall-related injuries every year. Approximately one-fifth to one-third of older adults who fall suffer lacerations, hip and head injuries. These injuries not only make independent living harder, but they could even have long-term effects on a senior's well-being. These statistics may seem frightening, but there are many ways to prevent fall-related hazards. For example, making minor accommodations around the home can significantly reduce the risk of falling. Accommodations may include: adding lighting near raised walkways, placing non-slip mats on uneven or tiled flooring, tidying up living spaces, and creating an unobstructed path on stairways. Additionally, adaptive equipment is another option that not only reduces the risks associated with independent living - but can permit aging in place.

Types of Adaptive Equipment

Adaptive equipment can fall under several categories. The first category, mobility equipment, is one of the most widely used forms of technology. According to the U.S. Department of Health and Human Services, nearly 14 percent of adults 65 and older use a mobility device and 40 percent of adults over the age of 80 use a wheelchair, cane or walker. Mobility devices impact on individual's ability to participate in everyday activities. To assess what type of device you or a loved one may need, consult with your healthcare team and insurance provider. The second category of adaptive technology, daily living aids, covers a spectrum of products from bath railings to reaching devices. This form of equipment assists individuals with activities of daily living, (ADL's). According to the Harvard School of Medicine, nearly two-thirds of Americans over the age of 65 need help doing everyday activities such as eating, bathing and getting in and out of a bed or chair. Daily living aids accommodate many of these needs. Finally, adaptive equipment also includes respiratory aids, visual and hearing aids, feeding aids, and speech communication aids. Many of these retail items, including mobility and daily living aids, are private pay and do not require documentation or insurance approval. However, several forms of adaptive equipment may be subsidized under Medicare or through private insurance (additional criteria must be submitted for such equipment). For a comprehensive evaluation, be sure to assess your needs with a healthcare professional first.



Types of Adaptive Equipment (continued)

To learn more about the ways adaptive equipment can benefit you or a loved one, visit Concordia Medical Equipment at: www.ConcordiaMedicalEquipment.com. You can also call 724-352-1100 to speak to customer service. To find additional information about our senior care services in western PA, eastern OH, or Tampa, FL, call our administrative headquarters at 724-352-1571 or message us through our online contact form to ask about what Concordia can do for you.

Concordia Haven Apartments Presents "Everything You Want to Know About Retirement Living and More"

"The "Everything You Want to Know About Retirement Living and More" will be explored in a brief education session on Sunday, May 6 at 1:00 p.m. followed by tours of the Haven I model apartment until 3 p.m. The public is also invited to an Open House from 11:00 a.m. to 3:00 p.m. on Monday, May 7. The retirement living community is located at 112 Marwood Road in Cabot.

The public is invited to learn how Concordia is able to provide a lifestyle that's both affordable and worry-free. Our residents discovered that they could live at Concordia for the same or less than what they were paying in their current homes but with more support services.

For more information, visit the Coming Events section of the website at www.ConcordiaLM.org. To register or to schedule a private tour, you are invited to call Admissions Director Peggy Trettel at 724-352-5378.

Senior Care Lingo: Defining the Terms (Feb. 2019)

In today's senior care/senior living landscape, it seems like there are SO MANY terms and expressions that one can easily become confused or overwhelmed. And as much education as we try to provide, we still get a lot of questions about the different terminology.

Here are some commonly-asked questions we get at Concordia from families and individuals just starting their search for senior care services or a retirement community. (Here are links to past articles on this subject: January 2017, January 2018 and October 2016.)

What is a Continuing Care Retirement Community (CCRC) and how can living in one impact my long-term needs?

According to CARF-CCAC (an international, independent, non-profit accreditor of health and human services), a CCRC: "provides and/or arranges for a continuum of residential and support services from residential living through nursing care... The persons served have the choice of flexible accommodations that are designed to meet their changing needs over time."

What exactly does this mean for you or your loved one? Simply put, a CCRC is a facility that offers at minimum, three levels of care. These levels typically include: independent living, personal care/assisted living and skilled nursing care. The important point to note, however, is that any organization with multiple levels of care can claim to be a CCRC. To ensure you or your loved one will be in the best environment possible, verify that the organization is CCRC-accredited by an independent third party. Additionally, if an organization has more levels of care than the standard three, it is possible that the facility will offer more comprehensive accommodations.

Now that we've established what a CCRC is, how specifically will living in one impact an individual's long-term needs?

What is a Continuing Care Retirement Community (CCRC) and how can living in one impact my long-term needs? (continued)

The answer is simple, a CCRC promotes seniors to "age in place" by offering multiple levels of service.

As an individuals' long-term needs evolve, the type of care received transitions as well. Relocating can be difficult for anyone, let alone someone who possibly had a health episode. When that person is able to stay on the same campus, or at the very least, within the same organization, it can reduce the "transfer trauma" significantly.

What is the difference between in-home health care and private care?

Typically, in-home health care is when an individual is receiving health care services in a home environment from a skilled medical professional. This care can be administered by a registered or licensed nurse, occupational therapist, speech-language pathologist or physical therapist following a prescribed care plan after an ailment. In-Home health care is typically paid for by insurance or Medicare. Private care, on the other hand, is assistance with everyday activities including housekeeping, bathing/hygiene, meal preparation, pet care, etc. Private care can be long-term or short term and is paid for out-of-pocket, so it is not subjected to insurance restrictions. When you or a loved one is looking for private care in your home environment, it is important that you find an agency with a long record of service who screens its employees thoroughly.

What is Memory Care and how is it different from standard personal care/ assisted living services?

Memory Care is a special type of care designed specifically for individuals with memory-impairing ailments. This type of care involves making specialized accommodations that permit individuals to receive the attentive and expert care they require. Accommodations may include: higher staffing ratios, more comprehensive safety measures, more activity hours per resident and

structured daily routines. Some personal care or assisted living communities (including Concordia's) can sufficiently care for those with a memory impairment, but not all are appropriately equipped.

What is the difference between Type A, Type B and Type C retirement communities?

Type A retirement communities, also known as "life care communities," typically have higher entrance fees and monthly rates than Types B and C. The benefit of this model is that there are no dramatic price increases if an individual were to need additional care services later on. The downside of this model

however, is that an individual may never need additional care services and therefore would pay a greater initial cost.

Type B retirement communities are a hybrid of both A and C models. An individual can expect to pay higher entrance fees and monthly rates compared to type C, buy not as much as type A. This model offers a limited range of personal care services; however, the extent of services is based upon the discretion of each facility.

Type C retirement communities also known as a "pay as you go" models, typically have the lowest entrance fees and monthly rates. The benefit of this model is that an individual pays for only the services they receive at a market rate. This model effectively eliminates the possibility of overspending. For individuals who know initially they will need long-term personal care services, this model may not be the most cost effective compared to types A and B.

Whatever senior care services you are looking for in western PA, eastern OH, or Tampa, FL, whether for yourself or your loved ones, check out what all of the Concordia locations and home care services can provide for you. With a wealth of care levels and services, finding the right fit for your senior or health care needs is easier than ever. Call our administrative headquarters at 724-352-1571 or message us through our online contact form to ask about what Concordia can do for you.



2019 CLM Golf Classic Sponsorship Opportunities

Individual Golfer: \$225 Foursome: \$900

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	Golf Spots	Tee Sign	Contest Hole	Logo on Web and listed in Magazine	Banner	Program Ad	
Signature	SEI New ways.						
Platinum \$7,500	4	>	>	>	>	Full-page ad	
Gift \$5,500	4		(1) gift item at the event	1	>	Full-page ad	
Gold \$5,000	4	>		1	>	Full-page ad	
Golf Cart \$3,500	4	Signage on all player golf carts used during the event			>	Half-page ad	
Banquet \$3,500	4	Visual and Verbal Recognition during post-event banquet			>	Half-page ad	
Social Hour \$2,500	2		bal Recognition event banquet	>	>	Half-page ad	
Refreshments \$2,500	2	Signage on all refreshment carts used during the event			>	Half-page ad	
Shirt \$3,000	2	Branding volunteer/staff shirts and (4) shirts to keep				Half-page ad	
Breakfast \$2,000	(2) shirts, invitation to post-event reception for (4)				>		
Practice Range \$2,000	(2) shirts, invitation to post-event reception for (4)				>		
Contest Hole \$1,500		>		s, tee sign, conte post-event recep			
Silent Auction ≴1,000	(1) shirt, invitation to post-event reception for (2)				>		
Green & Pin \$800	Customized Pin Flag and greenside signage					4	
Tee \$450		1			ل م	7	

All reservations must be received by June 10, 2019 for inclusion in program.

Contact Larissa Yates at 724-352-1571 ext. 8363 or lyates@concordialm.org or Emily Moore at 724-352-1571 ext. 8355 or emoore@concordialm.org for more information or to register.





16th Annual CLM Golf Classic

Sponsorship & Participation Form

Monday, July 8, 2019 - Treesdale Golf & Country Club - 10:00 a.m.

CO	NTACT INFORMATION					
	Organization Name*:					
	*as you would like it to appear on promotional materials, website, program, etc.					
	Contact Person:					
	Email: Phone:					
	Address:					
	City: State: Zip;					
	Signature: Date:					
	STEP 1: CHOOSE YOUR PARTICIPATION LEVEL:					
	Platinum Sponsor (\$7,500) – proceed to Step 2					
	Gift Sponsor (\$5,500) – proceed to Step 2-					
	Gold Sponsor (\$5,000) – proceed to Step 2					
	Golf Cart Sponsor (\$3,500) – proceed to Step 2 (Only 2 sponsorships left!)					
	Banquet Sponsor (\$3,500) – proceed to Step 2					
	Shirt Sponsor (\$3,000) – proceed to Step 2					
	Social Hour Sponsor (\$2,500) – proceed to Step 2					
	Refreshments Sponsor (\$2,500) proceed to Step 2 (All sponsorships at this level claimed!)					
	Breakfast Sponsor (\$2,000) proceed to Step 3 (All sponsorships at this level claimed!)					
	Practice Range Sponsor (\$2,000) – proceed to Step 3					
	Contest Hole Sponsor (\$1,500) – proceed to Step 3					
	Silent Auction Sponsor (\$1,000) – proceed to Step 3					
	Green & Pin Sponsor (\$800) – proceed to Step 3					
	Teebox Sponsor (\$450) – proceed to Step 3					
	Golfer Package at \$225 each = enclosed amount of \$ (proceed to Step 2)					

STEP 2: IDENTIFY YOUR GOLFER(S) AND SHIRT SIZE* (*for ONLY CERTAIN sponsor levels) Golfer 1/Cart 1 (Captain) Shirt Size Golfer 2/Cart 1 Shirt Size Golfer 3/Cart 2 Shirt Size Golfer 4/Cart 2 Shirt Size STEP 3: SUBMIT YOUR LOGO AND/OR ADVERTISEMENT BY JUNE 21, 2019 All sponsors of \$2,500 and higher. Please e-mail a camera-ready advertisement suitable for printing (color preferred, black and white also acceptable) to: giving@concordialm.org. Full page = 5 ½ wide x 8 ½ inches tall. Half page = 5 1/2 wide x 4 1/4 inches tall. All sponsors: Please e-mail a camera-ready organization logo suitable for printing (color preferred, black and white also acceptable) to: giving@concordialm.org STEP 4: PURCHASE ADDITIONAL RECEPTION/BANQUET PASSES AND YOUR AD __Full Page Ad - \$150 (5 ½ wide x 8 ½ inches tall) Half Page Ad - \$75 (5 1/2 wide x 4 1/4 inches tall) Additional Reception & Dinner Passes x \$50 each = \$ STEP 5: SUBMIT YOUR PAYMENT PAYMENT Check: Enclosed and made payable to Concordia Lutheran Ministries Foundation Credit Card. Please charge my/our credit card as follows: (V/M/D/Am) Name on Card: Card Number: Exp: Signature: Bill Me. Please send an invoice for payment processing. I can't attend, but wish to donate. My/our contribution is enclosed for \$_____.

Please send payment and return a copy of this contract to:

Concordia Lutheran Ministries Foundation, 134 Marwood Road, Cabot, PA 16023

E-mail: giving@concordialm.org

THANK YOU FOR YOUR SUPPORT!