



# THE PITTSBURGH LUTHERAN

VOL 93, NO 8, October 2023

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## PALM DEVOTION

by The Reverend Dr. Douglas H. Spittel, PALM President

### “The Cornerstone Remains”

*“Christ also loved the church and gave Himself for her, that He might sanctify and cleanse her with the washing of water by the word, that He might present her to Himself a glorious church, not having spot or wrinkle or any such thing, but that she should be holy and without blemish.” – Ephesians 5:25-27*

St. Matthew’s Lutheran Church in the East Allegheny neighborhood of the City of Pittsburgh has held its last Divine Service after more than a century and a half of faithful service. First founded in 1862 as a second parochial school for First German Lutheran Church of downtown Pittsburgh (now First Trinity of Shadyside) to serve the children of the parish who lived in Allegheny City (now the northside neighborhoods of the City of Pittsburgh), the families in Allegheny asked the congregation for permission to establish a new church at the school. They were given the congregation’s blessing and one thousand dollars, and they built the present church in 1877. The church was blessed and dedicated to the honor of the Evangelist Saint Matthew, and a new congregation was established. The church and school served the northside neighborhoods until dwindling attendance and mounting maintenance on the old building became too much for the now small congregation to endure. The building was sold a few years ago to the Urban Impact Foundation (UIF), a Christian organization that serves neighborhood youth. When St. Matthew’s congregation stopped holding worship services and began the dissolution process, the church records became the responsibility of the Eastern District of the LCMS, and the religious artifacts were graciously given to PALM for their preservation and reuse as UIF has no use for them.



The church’s Bibles and sacred vessels have been recovered and will be restored. The altar, lectern, crucifix, candelabra, and chancel furnishings will be stored until they can be used in a new mission church. Most significantly, the marble baptismal font is being recovered and held in trust for a new generation. The St. Matthew’s font is a smaller version of the 1868 font at First Trinity and has served as the place of baptismal regeneration for Christians for one hundred thirty-five years.

Upon seeing the font and discussing the closure of St. Matthew’s church, someone remarked that we should build a new church around this font. What a fitting and proper understanding of the Church’s mission and ministry! Even though the previous Lutheran congregation and building on the northside are passing into the annals of history, the need for people in our city and region to hear the Gospel of Jesus Christ and receive His saving grace in Holy Baptism remains urgent. The St. Matthew font will “come home” to First Trinity for a time. Still, we look expectantly forward to the time when this font will become the spiritual cornerstone of a new congregation, proclaiming that Jesus Christ is the chief cornerstone of the Church.

*Jesus came and spoke to His disciples, saying, “All authority has been given to Me in heaven and on earth. Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age.” Amen. – St. Matthew 28:18-20*

## PALM NEWS

### MARK YOUR CALENDAR

#### October

14. Ascension Lutheran Church's Annual Pumpkin Fest & Flea Market 8:00 a.m. to 1:00 p.m.

14. Pittsburgh LWML Zone Fall Rally, Zion, Lawrenceville, 10:00 a.m.

14. Good Samaritan Youth Bereavement Event, The Art of Healing, 116 Browns Hill Road, Valencia, 10:00 a.m. to 1:00 p.m.

29. Reformation Vespers, First Trinity, Shadyside 3:00 p.m.

#### November

12. CLM Annual Meeting, Haven I, dining room, Cabot, 3:00 p.m.

#### December

10. Concordia Lutheran Ministries 10th Annual Live Nativity, Concordia at Cabot Haven II building, 148 Marwood Rd., Cabot, PA 16023. Times TBA



#### The Pittsburgh Lutheran

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<http://www.palmpa.org>



## 2023 Pittsburgh Area Lutheran Church - Missouri Synod Reformation Vespers



### A Celebration of The 500<sup>th</sup> Anniversary of Dr. Martin Luther's "Little Baptismal Book"

**Sunday, October 29, 2023, 3:00 PM**

**First Trinity Evangelical-Lutheran Church  
531 N Neville Street, Pittsburgh, PA 15213**



Sponsored by  
Pittsburgh Area Lutheran Ministries and  
The Pittsburgh Pastoral Conference of the Lutheran Church - Missouri Synod

**Special Guest Preacher:  
The Reverend Peter K. Lange  
First Vice-President of  
The Lutheran Church – Missouri Synod**

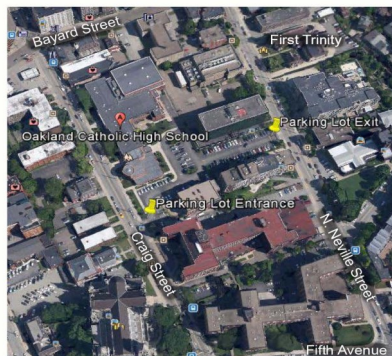


Lutheran Hymns and Music from Kantor Jonathan Hoyt at the Skinner Organ.  
American Sign Language Interpreters at the Service.

Hors D'Ouevres and Dessert Reception generously sponsored by  
Concordia Lutheran Ministries.



Ample Parking generously provided by Oakland Catholic High School.



Ample Free Parking at Oakland Catholic High School  
(enter lot from Craig Street), on the Streets,  
and handicap parking at First Trinity

SRU CAMPUS MINISTRY

Outreach from a Kayak

by Vicar Zachary Wessel

Not even the rain could dampen the spirits of the seven young students who went on this year's kayaking excursion to French Creek. While the forecast for the day of the kayaking trip had looked promising, when the day came, it was cool and rainy. But this didn't stop seven students from eagerly accompanying Pastor Deal and Vicar Wessel on the approximately four hour route along French Creek. Thankfully, by the time we arrived at the launching site, the rain had mostly let off, and it would prove to be a fun and wholesome day for all involved.

The group ranged from seasoned kayakers to first-timers, from avid outdoorsmen to long-time city dwellers, but everyone was able to find something to enjoy and come away with. Pastor and Vicar were able to help some of the less-experienced along, and by the end, everyone was merrily and confidently paddling along like old pros. There was plenty to do along the way. Pastor and one of the students brought their fishing rods along and enjoyed some fly-fishing, albeit not with the success they had hoped. Plenty of interesting wildlife was to be seen along the way, on land, water, and air, and some of the students passed some of the time by making bird calls to converse with or provoke birds in the area. Another highlight of the trip was a stop at an island with plenty of good skipping rocks that required investigation. It seems a number of the students we had along were somewhat well-practiced in rock-skipping!

But beyond all of the fun the students were able to have to get away from their studies for a bit of a break, the excursion also gave other opportunities as well. For a ways of the trip, Pastor was able to have discussions with two students looking into going through catechesis with him. While kayaking is hardly a normal situation for catechesis, we are happy for the opportunity to engage with students and use the time we have with them to help provide for them spiritually. Although the kayak trip was neither the beginning nor the end of those discussions with the students, we are thankful for the opportunity it provided. While we are happy to provide mere fellowship and activities to students, our goal is and remains to work within those relationships formed to strengthen and build up students in the Christian faith, or bring them to the faith if they have never known it or have drifted from it. The fact that this was able to happen on this most recent kayaking trip was a great blessing and points to what all of our student activities ideally aim for.

This kayaking trip was also interesting from a campus ministry perspective in that all of the students were from Grove City College. While we are located right on the campus of Slippery Rock University, this year God has blessed us with particularly good opportunities for campus ministry and student engagement on the campus of Grove City College. We will, of course, continue to do what we can to reach out to the Slippery Rock students, and we are still given some opportunities with them, the interest and openness to receiving us at Grove City has been almost overwhelmingly encouraging so far this year. Throughout this coming school year, we pray that God continue to bless the work that He has given us to do at Grove City, as well as at Slippery Rock and Westminster, so that we can continue to share His Word with students - even if that means doing it in a kayak on the middle of a creek.

Seven students from Grove City College accompanied Pastor Deal and Vicar Wessel on the kayak trip on French Creek.



REDEEMER LUTHERAN SCHOOL

Oakmont / Penn Hills



Welcome to the 2023-2024 school year! Redeemer opened its doors for the first day of classes on August 23rd. This year's first day had a special highlight, as we began the year at 3 campuses for the first time! High school students reported to their new campus in the morning before joining K-8th at Idaho Ave for the tradition of worshipping together outdoors for devotions. Middle and high school students then headed to Camp Allegheny for the annual teambuilding retreat. Students and faculty enjoyed three days together spending time in the Word and out in His creation with a wide variety of activities to kick off the new school year. Preschool-5th grade students enjoyed a busy first day as well, learning the routines in their classrooms and greeting friends and teachers both old and new.

Redeemer held its annual golf outing at Rolling Fields on August 26th. This year was the most successful and highest attended to date! Thank you to all those who attended the event, sponsored a hole, and gave of their time and resources to support the school.

With the beginning of the school year comes the fall athletic season! Volleyball, soccer, and cross country teams are enjoying a busy season with new records and successes. RLS is excited to welcome 3 alumni to the coaching staff this year, with Grace Wilshire '19 as middle school soccer coach, Kalee Thornton '21 as middle school girls assistant volleyball coach, and Nathan Susek '23 as middle school assistant soccer coach. Grace Wilshire is also a Redeemer faculty member this year teaching third grade! It is a joy to have these alumni continue to be a part of Redeemer, and we are excited to continue to track the teams through the rest of the fall season.

September also brings the start of the high school robotics competition season. The team attended the kickoff and received their challenge at the end of August; they have been hard at work preparing for competition in October. We look forward to following their progress!

Looking ahead:

Redeemer celebrates 40 years of Christian education! Come join us and rejoice in what the Lord has done during a special evening at LeMont on Friday, October 13th. Contact the school at 412-793-5884 for more information; tickets may be purchased online here: [mkt.com/rlspittsburgh](https://mkt.com/rlspittsburgh)



FORTY

*Redeemer Lutheran School invites you to an evening at the  
beautiful  
LeMont, Mt. Washington*

*Join us to celebrate 40 years of Ministry  
and the kickoff of our Capital Campaign*

*"God's Plans, Our Hands"*

*Friday, October 13th, 7:00 pm*

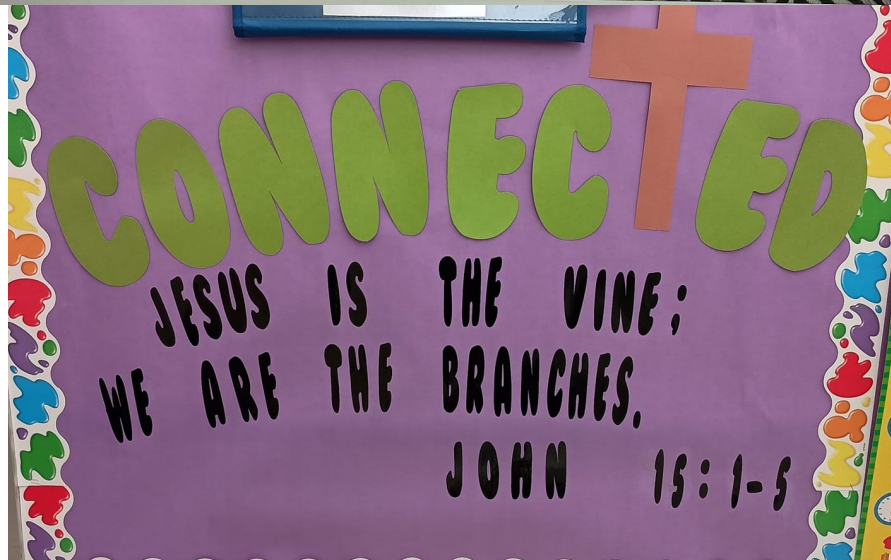
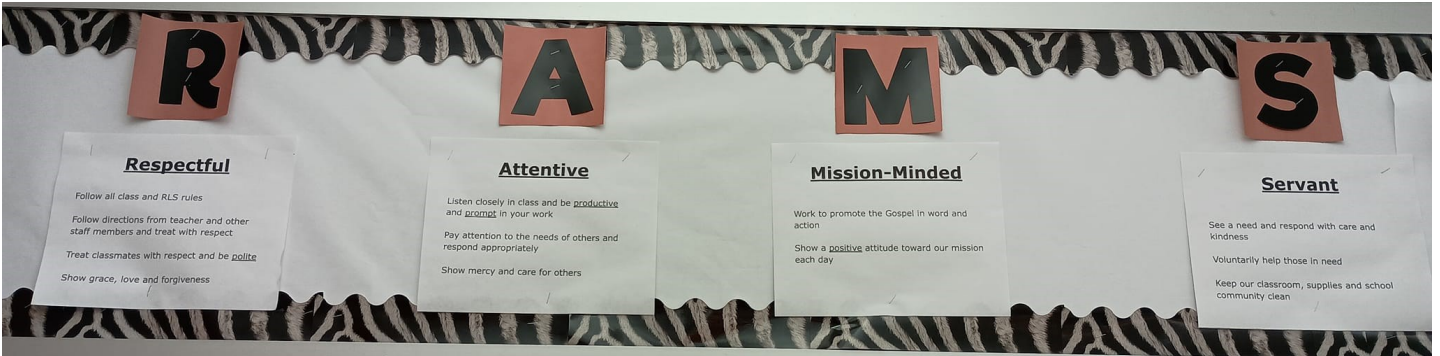
*Adult Only Event*

*Wine Pull and Basket Auction*

*Semi Formal*

*RSVP By October 6th*

*Pay Online: [mkt.com/rlspittsburgh](https://mkt.com/rlspittsburgh)*



## HOUSES OF WORSHIP SERIES

### HOUSES OF WORSHIP SERIES

*By Shirley Freyer*

#### **Martin Luther Lutheran Church**

230 North Penn Street, Punxsutawney,  
PA 15767

814/938-9792

[www.mllcmlcpunxsy.com](http://www.mllcmlcpunxsy.com)

Rev. Kenneth E. Zitsch Jr., Pastor

Divine Worship Services: Sunday, 3p.m.

Adult Bible Study and Sunday School  
for children of all ages, 2:00 p.m.



Made famous by a certain groundhog named Phil, the small town nestled in the foothills of the Allegheny Mountains of Western Pennsylvania called Punxsutawney was originally the home of the Lenape Indian tribe. The word Punxsutawney means “town of the mosquitoes.” Its keystone marker lists its founding in 1818, but the Borough of Punxsutawney was incorporated only three years prior to the founding of Martin Luther Lutheran Church, one of the oldest parishes in the area and the fourth oldest LCMS church in Western Pennsylvania (St. Luke - 1835, First Trinity - 1837, and Prince of Peace - 1849).

Rev. C.C. Brandt of Pittsburgh organized the congregation in 1853 to perpetuate the preaching of the unadulterated Word of God in the tongue of Dr. Martin Luther and the administration of the Sacraments according to Christ’s institution.

To this day, the current pastor, Rev. Kenneth Zitsch, is forthright about Lutheranism. “It’s the only game in town,” he said. “No bones about it - the historic Christian faith - everything is Biblical.” It’s what brought him into the Lutheran church.

The road to his current calling, however, was anything but direct - his mother Roman Catholic, his father Baptist, his career as a CPA; after graduating from Texas Tech University with a degree in Business Administration, he launched a CPA firm in Colorado. One day in 1994 he looked up in the sky and asked the Lord what he was doing with his life. “The Lord let me know that He wanted me to do His business.” He came home and attended a church picnic with his parents and conversing with their pastor found himself wrestling with the question, what was he waiting for? Why not now?

In 2001 he became a pastor in the Church of God but soon realized that he was not where he was supposed to be. “God is in control of our lives and our salvation. We don’t ‘make a decision’ for Christ. God brings salvation to us through Word and Sacrament.” He determined that whether or not he would be a pastor, he would become a Lutheran. Pastor Zitsch spent a year as a vicar in Angola, N.Y., and was colloquized by committee in St. Louis in 2013. He returned to his home church, St. John’s in Morrisdale, where he served as interim pastor from 2014-2016, until he received the call as full-time pastor and vacancy pastor at Martin Luther.

Head elder Kevin Lechner shared a similar journey of faith. Raised in the church in nearby Glen Campbell, he went into the military and served in the Air National Guard for close to 30 years and admitted he “got away from church.” He cited the legalism of that denomination as one of the reasons. “It wasn’t until I came across a broadcast and heard about the sufficiency of Christ and His work for me personally and for all believers that caught my attention. It was a message to which I wasn’t attuned.

## HOUSES OF WORSHIP SERIES

"I began to dig into the Reformation and what Martin Luther went through finally discovering the Gospel in Romans," he noted, feeling a kindred spirit. "The first time we came to this church we knew it was where we needed to be." The Roman Catholic background of his late wife provided a familiarity with the liturgy. Coupled with the history of the ancient church presenting the Gospel in its purest form, it was obvious that God was leading them to Lutheranism. The church's website explains – "Founder Martin Luther taught that salvation comes by the grace of God and faith in Christ alone. Any of the many rituals and works prescribed by the church were not only unnecessary but a stumbling block to salvation. He rejected such tradition as the intermediary role of priests, priestly celibacy, purgatory, and transubstantiation, and advocated for the scriptures to be available to the laity in their own language."

"I tell our church members, especially what I call 'cradle Lutherans,' I hope they appreciate what we have in the theology of the LCMS," Kevin made clear. "Other churches are a smorgasbord of doctrinal issues because there is no Book of Concord. I call the mixture of Law and Gospel 'Lawspel' – turning Law into Gospel and Gospel into Law. What we have is a great treasure that can't be taken for granted," he warned. Going to church is more than a habit, he continued. "It is called a Divine Service because God is doing the work. He is giving us the gifts and we're here to receive His great treasure." He encourages Bible study to realize that Scripture all points to Christ and urges repentance from indifference and complacency.

After Rev. Raisig was called as the first resident pastor, a constitution was adopted, a charter was granted, a plot of ground was purchased, and the cornerstone was laid on November 10, 1818.

In 1909, today's church was built, right beside the iconic "Monkey Steps" constructed by McGovern Construction Company as a walkway for those who lived on the "bluff" overlooking Punxsutawney. A basement was enlarged under the church in 1924 when the first English service was held on Easter Sunday. The first pipe organ was installed in 1927, replaced by a Reed organ in 1931 and an Allen organ in 1996. In 1961, an additional educational and social hall space and a garage and retaining wall between the church and the parsonage was added.

An outreach highlight in its history was the celebration of the 500<sup>th</sup> anniversary of Martin Luther's birth in 1983. MLLC hosted Rev. Wallace Schulz, then the voice of The Lutheran Hour, as guest preacher at a worship service at the local high school.

Twenty-five pastors have led Martin Luther Lutheran Church in conducting divine services weekly, along with other activities during Lent and Advent, Adult Bible Study, Catechism Class, Vacation Bible School, and Sunday School for the youth of the church and community.

According to church secretary Katie Donald, the Ladies Aid was organized in 1904 and still remains active. Originally this group of ladies met in each other's homes or in the church basement on a week-night. The pastor or the president of the group would provide a devotion at the beginning of each meeting and the ladies would discuss and plan ideas in a "quilting circle."

Born and raised in Punxsutawney, Katie is a lifelong member of MLLC. Attending a regional college gave her the opportunity to travel home easily on weekends and attend church. After she graduated, she relocated to Florida for a couple of years. "I attended a Missouri Synod church there but continued my membership at MLLC," she said.





She continued telling the story of the Christian stewardship exhibited by this century-old group. Tabitha Ladies Aid has continued to provide and pray for the needs of MLLC, local charities, and international missions of the Synod. The group has sponsored Christian service with visits to shut-ins and ill members dating back to the 1920s, along with a card and sunshine basket ministry in the 1950s that still continues today. Donations were made to various organizations such as the Lutheran Women's Missionary League and the Marwood Orphan's Home (Concordia Lutheran Ministries) Bethesda Lutheran Home and World Relief, and currently, to missionaries and seminarians.

To finance these projects, these women held bazaars and sold items including the quilts sewed by hand, vanilla extract, cleansers, "Ready Jell," and food. In the 1970s, the group held rummage sales and sold Christmas cards, cutlery, and paper napkins. As the women became part of the local workforce, they replaced events with financial donations.

Christian fellowship, another of this group's goals, was accomplished through "tureens" or "potlucks" for various occasions, funeral dinners, picnics, and ice cream socials. They encouraged Christian knowledge by teaching and financially assisting the MLLC Sunday School, as well as by donating to international missions, such as ones in Latin America and Asia today.

They continue to serve the congregation by providing care and upkeep to the church, the parsonage, and the altar and its paraments. These tasks of love have ranged from cleaning the church and remodeling the kitchen, to purchasing and caring for the flowers, candelabras, the crucifix, the altar covers, and fair linens.

Katie handles marketing, public relations, patient complaints, and risk management for the Punxsutawney Area Hospital. Her husband Shaun, originally from the Pittsburgh area, is a fourth-grade teacher for the local school district.

"We met at college, and he became a member before we married 12 years ago," she said. He currently teaches Sunday School. Like Pastor Zitsch and Kevin, she thinks people choose to worship at MLLC "because we value the teachings of Christ-- Grace Alone, Faith Alone, Scripture Alone."

The members of Martin Luther Lutheran Church are not only a family of believers, but also a family of relations. "My cousins and I grew up together at Martin Luther," Katie explained. "Mom is a lifelong member and Dad joined when they married more than 40 years ago."

This family traces back four generations. Her great-great-grandmother Louise Keck was confirmed at Martin Luther, said Katie's maternal grandmother, Joy Heitzenrater, a member for more than 70 years. Joy echoes what Kevin credits as the founding fathers, the closeknit community of German immigrants who chose this church because it was not only German speaking but because its doctrines were also what she referred to as strict. Although she observed that they lost members, she believes in closed communion as she wants to commune with people who believe the way she does.

## HOUSES OF WORSHIP SERIES

"There is a desire among our members to continue learning and growing in Christ, which is done through adult Bible study, devotions, and attending church. I have always felt it is the right place to be," she claimed. She and her husband, Donald, had three daughters, Karen, Kathy, and Jill, who continue their membership at Martin Luther, as well as son Michael. Karen is the church's financial secretary.

"Basically, three to four families comprise the membership with an average attendance of 15-25," Kevin said. A widower since 2019, his two sons are also members. Because he works the night shift as a welder, he relies on son Alex to share the responsibilities as elder number two. "It's a more intimate setting," he described and believes the one-on-one approach is the path to church growth.

"We all pitch in and help wherever necessary and appropriate," remarked Katie. "We love one another, celebrate life's greatest gifts, pray together, and support each other during hard times."

Speaking of hard times, Pastor was pleased to report that both Martin Luther and St. John's, 50 miles away in Morrisdale, remained open during the pandemic. This 65-year-old has no interest in retirement. In fact, his fervent prayer is that he spends his last breath in the pulpit. He and his wife Georgeanne have three children, Kaylianne, a senior in high school, 8<sup>th</sup> grader Simeon, and Kendra Mae in 4<sup>th</sup> grade.

He concludes what his congregation has demonstrated in both words and deeds. "Our strength is that we proclaim this truth unreservedly without seeming to make it more palatable with human rationale or gimmicks. Our belief is that of Lutherans from time immemorial that the Word of God alone is sufficient to save people. We take the Bible at face value without putting in things that it does not say. What this means very simply is that we do not ask people to come to church seeking through their own effort to be holier and more righteous than the world around them; we simply ask that you join us and let God effect the changes in you that He desires. Christ is always present walking with and encouraging you; His Spirit personally does the good work of God within you. Our faith that God's Word can do what it sets out to do, and the sacraments alone deal with the sin issue in our life, is what sets us apart from other groups."

The congregation will celebrate its 170th Anniversary on Sunday, October 1, at 3:00 p.m. with guest preacher, Rev. John Pingel, president, Eastern District, and Rev. Scott Kuntz, circuit visitor.



## NEWS FROM AREA CONGREGATIONS

### ASCENSION LUTHERAN CHURCH

*McCandless Township, PA*

#### Ascension Lutheran Church's Annual Pumpkin Fest & Flea Market

Saturday, October 14, 2023, 8:00 a.m. to 1:00 p.m.

For the ninth year, Ascension (8225 Peebles Road, Pittsburgh, PA 15237) will be holding our Pumpkin Fest & Flea Market. Our "almost famous" HOMEMADE APPLE and PUMPKIN PIES will be on sale, as well as hot dogs, beverages, and various other goodies. Of course, there will be PUMPKINS for you to buy.

Many vendors with crafts or treasures participate in the FLEA MARKET both inside (even if it rains) and outside the church, weather permitting. (To reserve a space for \$20, contact Vicki at [vickig@zoominternet.net](mailto:vickig@zoominternet.net) or 724-816-0413). For more information, please contact Trish at [pyoung1234@comcast.net](mailto:pyoung1234@comcast.net). It's a great way to spend a crisp, fall morning.



## NEWS FROM AREA CONGREGATIONS

### GOOD SHEPHERD LUTHERAN CHURCH OF SOUTH HILLS

*Whitehall, PA*

Good Shepherd invited members of the Nepalese Christian Community to join us at our annual Fall Kickoff picnic. Many members of the Nepalese Church attended and contributed food to the picnic. It gave many Good Shepherd members the opportunity to experience Nepalese food for the first time. It was wonderful to see the many children enjoying playing together outside and having the chance to sit and talk for a couple of hours outside of the sanctuary. The love of the Lord could be seen and felt at Good Shepherd on September 10th!



### MT. CALVARY LUTHERAN CHURCH

*West View, PA*

Now that the activities of summer are over, Mt. Calvary is ready to jump into fall. The Outreach Group has already begun working on gifts for Meals on Wheels recipients. (See the attached picture of the works in progress. We won't tell you yet what it is, but watch next month's issue for a photo of the finished product.) The group is also making plans for a Christmas blessings project in conjunction with Glade Run Lutheran Services.

The congregation is delighted that the Hoover family has again offered to host an Oktoberfest feast on October 15 in the church hall, and the members are already anticipating the delicious smells that will drift up from the kitchen during the service.

October is also a busy month as the voice and bell choirs have started practice and are preparing to sing on select Sundays. Also, Mt. Calvary is once more providing cookies throughout the month for Meals on Wheels.



ZION EVANGELICAL LUTHERAN CHURCH

Pittsburgh, PA (Lawrenceville)

**Pittsburgh Zone LWML Fall Rally**

**Zion Lutheran Church-Lawrenceville**

237 37th St, Pittsburgh, PA 15201

CAR POOLING ENCOURAGED. STREET PARKING ONLY

**October 14, 2023**

Registration begins at 10:00 AM

Meeting starts at 10:30 AM

Cost \$10

To Register contact Mary Lehocky

724-601-2744 or

Marylehocky@hotmail.com

by October 8

**Speaker: Dee Grzyb, LWML Eastern District President: "What's Your Why" and "The Treasure Hunt for LWML Resources"**

Lunch followed by Zone business meeting and Eastern District 2024 convention meeting.

Ingathering:

**Heritage Community Initiatives**

classroom supplies: crayons, markers, colored pencils, glue sticks, tape; diapers 6 weeks to toddler; boys' and girls' underwear and socks for 2-5-year-olds

## UPCOMING SPECIAL EVENTS

### Concordia Lutheran Ministries

The Concordia Lutheran Ministries **Annual Meeting will be held on Sunday, Nov. 12** at 3:00 p.m. in the Haven I Dining Room at the Cabot campus. Registration will begin at 2:30 p.m. and dinner will be served following the meeting at 5:00 p.m. The main agenda item is the election of five members to the Board of Directors. Each member congregation is entitled to three votes – one pastor plus two delegates. For more information, please contact Director of Church Relations Shirley Freyer at 412/480-9933.

Concordia Lutheran Ministries will host its 10th Annual **Live Nativity on Sunday, Dec. 10**



### PITTSBURGH LUTHERAN CHORUS REHEARSAL BEGINS

Love to sing? Join the Pittsburgh Lutheran Chorus as we begin to rehearse for our Lessons and Carols presentations at Concordia Lutheran Ministries communities during the Advent and Christmas Season. We meet every Thursday at 6:30 p.m. beginning Sept. 7 at Zion, 237-37th Street, Lawrenceville.



### Caregiver Support Group

The Caregiver Support Group on the Cabot campus meets on the second Tuesday of each month at 2 p.m. Call Stefanie Dietrich for more information at 724-352-1571, ext. 8271.



### TOPS - Take Off Pounds Sensibly

Meetings every Thursday at the Cabot campus. Weigh-ins at 4:30, meeting at 5 p.m. Open to all staff, residents and community. Call or email Sara Beth Swain for details at 724-352-1571, ext. 8045 or [sswain@concordiavn.org](mailto:sswain@concordiavn.org)



### PITTSBURGH LUTHERAN CHORUS REHEARSAL

Love to sing? Join the Pittsburgh Lutheran Chorus as we begin to rehearse for our Lessons and Carols presentations at Concordia Lutheran Ministries communities during the Advent and Christmas Season. We meet every Thursday at 6:30 p.m. at Zion, 237-37th Street, Lawrenceville.

Good Samaritan Hospice  
Youth Bereavement Care presents:

# The Art of Healing

Saturday, October 14  
10 a.m. - 1 p.m.  
116 Browns Hill Road  
Valencia, PA 16059

Children/youth who have experienced the death of a loved one, and their caregivers/adult chaperone, are invited to The Art of Healing, an art-themed event where participants will learn how art helps us express our emotions and grief. Steele's Brushes and Ceramics will facilitate two art activities, and lunch will be provided for all guests.

To RSVP or for more information call Brittany Foy at 1-800-720-2557, ext. 4428. Learn more at [www.Good-SamaritanHospice.org](http://www.Good-SamaritanHospice.org).



## Concordia at the Orchard Day

August 30 was officially Concordia at the Orchard Day, as Concordia Lutheran Ministries commemorated the location's 20 years of service to the community as part of the Concordia family! Congratulations to Administrator Ariana Hey and her team and residents! Festivities included live music, a car show, food trucks, and free refreshments from 3:00 to 6:00 p.m.



## Concordia at the Orchard Day – August 30, 2023

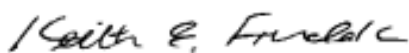
### *A Proclamation by Concordia President & CEO Keith Frndak*

In 2003, Concordia Lutheran Ministries welcomed Concordia at the Orchard to our family of locations. This beautiful Personal Care Community has served as home to hundreds of people throughout the last 20 years, and has been an outstanding ambassador for the Concordia mission.

Today, the location employs 45 team members who provide care to 56 residents. It is an honor to recognize Concordia at the Orchard and the lives that have been touched.

NOW, THEREFORE, I, KEITH E. FRNDAK, President and Chief Executive Officer, by virtue of the authority vested in me, do hereby proclaim August 30, 2023 as Concordia at the Orchard Day, in recognition of the location's 20 years of service as part of the Concordia Lutheran Ministries family. I encourage all to honor our residents, especially those who were among the first to move here - October Lowe in 2003 and Donni Weaver in 2004, as well to publicly reaffirm our thanks to all who have chosen to live or work here.

IN WITNESS WHEREOF, I have hereunto set my hand this thirtieth day of August, in the year of our Lord two thousand twenty three.



Keith E. Frndak, President & CEO





# Oktoberfest 2023

Saturday, October 7, 4 - 8 p.m.  
Haven I



**For your Enjoyment:** The Mikey Dee Polka Band

**For your Appetite:** German-Themed Menu, Bake Sale

**For your Kids:** Bouncy Castle, Balloon Artist, Games, Pumpkin Decorating, Free Food and much more

**For your Curiosity:** Haven I Open House

**Fireworks at 7:45 p.m.**

Flu Shots (4-6 p.m.)

For more information call 724-352-8268

**www.ConcordiaLM.org** • Haven I - 112 Marwood Rd., Cabot, PA 16023

# Menu

## **Dinners - \$10.00**

*Include two sides, dessert and beverage*

- Bavarian Style Pork Roast Dinner

*Roasted pork with pan gravy*

- Kielbasa and Sauerkraut Platter

*Home-cooked kielbasa braised in sauerkraut served on a hoagie roll*

- Bratwurst Platter

*Two grilled bratwurst (or hot dogs) served with spicy mustard*

- Sauerbraten Dinner

*German-style pot roast*

## **À La Carte Items**

### **Main entrées - \$6.00**

- Kielbasa
- Roasted pork
- Sauerbraten
- Bratwurst
- ¼ lb. Hot Dogs (2)

### **Sides - \$2.00**

- German Potato Salad
- Red Cabbage
- Sauerkraut
- Spaetzle (German Pasta)
- Potato Pancakes

### **Quick tent**

- Bavarian Pretzel - \$3.00
- Chicken Tenders - \$3.00
- ¼ lb. Hot Dog - \$3.00
- Black Forest Ham Pretzel Melt - \$3.00
- Beverages - \$2.00

### **Beer**

*Samuel Adams Oktoberfest*

- Signature Mug - \$10.00 (limit 2 refills)
- Glass - \$3.00

### **Desserts - \$2.00**

- Black Forest Cake
- Pumpkin Pie

### **Beverages - \$2.00**

- Soda, Water, Coffee, Iced Tea
- Apple Cider (hot or cold)

